# What's best in season? July



### UK Salad

IOW Tomatoes Courgette Flowers

Oakleaf

Little Gem

Lollo Rosso

Lollo Biondi

Frisse

Baby Mixed Leaf Baby Spinach

# UK Veg

Runner Beans
Variegated Kale
Rainbow Chard
Broad Beans
Curly Kale
Purple Sprouting
- Broccoli

## UK Fruit

Strawberries
Raspberries
Blackberries

### Fish & Meat

Lemon Sole
Hake
Cornish Crab
Trout

# Any Queries?

Reach out to our Customer Service team - 01789 339106